

WEEK 1

W/C: 04/11, 25/11, 16/12, 06/01, 27/01, 24/02, 17/03

AUTUMN/WINTER 2024

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT SPECIALS	Macaroni Cheese served with Sweetcorn and Peas	Classic Beef Burger with Potato Wedges served with Green Beans and Carrots	Roast Chicken with Roast Potatoes & Gravy served with Cabbage and Sweetcorn	Vegetarian Cottage Pie served with Broccoli and Carrots	Fish Fingers or Jerk Chicken and Chips served with Baked Beans and Peas
	Cheesy Bean Burrito served with Fresh Tomato Sauce, Sweetcorn and Peas	Quorn Burger or Salmon Tuna Wrap served with Potato Wedges, Green Beans and Carrots	Roast Quorn with Roast Potatoes & Gravy served with Cabbage and Sweetcorn	West African Vegetable Rice served with Broccoli and Carrots	Veggie Fingers with Chips served with Baked Beans and Peas
SCHOOLS CHOICE	Tomato Pasta or Jacket Potato with Cheese, Coleslaw, Beans or Tuna or Filled Sandwich or Baguette Schools choice of one of the above	Tomato Pasta or Jacket Potato with Cheese, Coleslaw, Beans or Tuna or Filled Sandwich or Baguette Schools choice of one of the above	Tomato Pasta or Jacket Potato with Cheese, Coleslaw, Beans or Tuna, or Filled Sandwich or Baguette Schools choice of one of the above	Tomato Pasta or Jacket Potato w/ Cheese, Coleslaw, Beans or Tuna or Filled Sandwich or Baguette Schools choice of one of the above	Tomato Pasta or Jacket Potato with Cheese, Coleslaw, Beans or Tuna or Filled Sandwich or Baguette Schools choice of one of the above
DAILY 5 CHOICE SALAD BAR					
	Rice Salad, Carrot, Tomato, Cucumber, Lettuce	Coleslaw, Peppers, Tomato, Cucumber, Lettuce	Pasta Salad, Sweetcorn, Tomato, Cucumber, Lettuce	Potato Salad, Carrot, Tomato, Cucumber, Lettuce	Noodle Salad, Sweetcorn, Tomato, Cucumber, Lettuce
DESSERT	Organic Yoghurt & Fresh Fruit Slices or Raspberry Jelly with Fruit Slices	Organic Yoghurt & Fresh Fruit Slices or Apple Crumble with Custard	Organic Yoghurt & Fresh Fruit Bowl or Rice Pudding with Jam or Chocolate Spread	Organic Yoghurt & Fresh Fruit Salad or Flapjack with Fresh Fruit Slices	Organic Yoghurt & Fresh Fruit Slices or Chocolate Brownie with Fresh Fruit Slices

COOL WATER, ORGANIC MILK & FRESHLY BAKED BREAD AVAILABLE DAILY
 We offer medical diet and allergen support, please speak to your school office in the first instance. Vegetables and fruit are subject to seasonal variation. Menu is subject to availability and individual school changes.

Vegetarian
 Oily Fish
 Wholegrain
 Fruity!
 Nutritionist's Choice
 Vegan

WEEK 2

W/C: 11/11, 02/12, 13/01, 03/02, 03/03, 24/03

AUTUMN/WINTER 2024

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT SPECIALS	Meatless Feast Cheesy Pizza with Pesto Pasta served with Sweetcorn and Peas	Butter Chicken with Rice served with Green Beans and Carrots	Roast Chicken with Roast Potatoes and Gravy served with Cabbage and Sweetcorn	Mexican Vegetarian Tortilla Pie served with Broccoli and Carrots	Crispy Chicken Burger with Chips served with Baked Beans and Peas
SCHOOLS CHOICE	Vegetable Fajita with Wholegrain Rice served with Fresh Tomato Sauce, Sweetcorn and Peas	Chinese Vegetable Noodles served with Green Beans and Carrots	Winter Vegetable Hotpot with Gravy served with Cabbage and Sweetcorn	Macaroni Cheese served with Broccoli and Carrots	Quorn Dippers with Chips served with Baked Beans and Peas
SCHOOLS CHOICE	Tomato Pasta or Jacket Potato with Cheese, Coleslaw, Beans or Tuna or Filled Sandwich or Baguette Schools choice of one of the above	Tomato Pasta or Jacket Potato with Cheese, Coleslaw, Beans or Tuna, or Filled Sandwich or Baguette Schools choice of one of the above	Tomato Pasta or Jacket Potato with Cheese, Coleslaw, Beans or Tuna, or Filled Sandwich or Baguette Schools choice of one of the above	Tomato Pasta or Jacket Potato with Cheese, Coleslaw, Beans or Tuna, or Filled Sandwich or Baguette Schools choice of one of the above	Tomato Pasta or Jacket Potato w/ Cheese, Coleslaw, Beans or Tuna, or Filled Sandwich or Baguette Schools choice of one of the above
DAILY 5 CHOICE SALAD BAR	Rice Salad, Carrot, Tomato, Cucumber, Lettuce	Potato Salad, Peppers, Tomato, Cucumber, Lettuce	Pasta Salad, Sweetcorn, Tomato, Cucumber, Lettuce	Noodle Salad, Carrot, Tomato, Cucumber, Lettuce	Coleslaw, Sweetcorn, Tomato, Cucumber, Lettuce
DESSERT	Organic Yoghurt & Fresh Fruit Slices or Crunchy Chocolate Mousse	Organic Yoghurt & Fresh Fruit Slices or Banana Cake with Fresh Fruit Slices	Organic Yoghurt & Fresh Fruit Bowl or Apple & Berry Crumble with Custard	Organic Yoghurt & Fresh Fruit Salad or Orange Glazed Sticky Sponge with Custard	Organic Yoghurt & Fresh Fruit Slices or Chocolate Cookie with Fresh Fruit Slices

























COOL WATER, ORGANIC MILK & FRESHLY BAKED BREAD AVAILABLE DAILY
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Vegetarian Oily Fish Wholegrain
 Fruity! Nutritionist's Choice Vegan

WEEK 3

W/C: 18/11, 09/12, 20/01, 10/02, 10/03, 31/03

AUTUMN/WINTER 2024

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT SPECIALS	Freshly Made Cheese and Tomato Pizza with Pesto Pasta served with Sweetcorn and Peas 	Chicken Sausages with Mashed Potato & Gravy served with Green Beans and Carrots	Roast Beef with Roast Potatoes and Gravy served with Cabbage and Sweetcorn	Sweet Potato Curry with Wholegrain Rice served with Broccoli and Carrots  	Battered Fish or BBQ Chicken with Chips served with Baked Beans and Peas
	Chilli no Carne with Crispy Tortilla & Wholegrain Rice served with Sweetcorn and Peas    VE	Veggie Sausages with Mashed Potato & Gravy served with Green Beans and Carrots	Roasted Vegetable & Cranberry Slice with Roast Potatoes and Gravy VE served with Cabbage and Sweetcorn	Tomato and Sweetcorn Pasta served with Broccoli and Carrots   	Crispy Quorn Sub with Chips VE served with Baked Beans and Peas
SCHOOLS CHOICE	Tomato Pasta or Jacket Potato with Cheese, Coleslaw, Beans or Tuna, or Filled Sandwich or Baguette Schools choice of one of the above   	Tomato Pasta or Jacket Potato with Cheese, Coleslaw, Beans or Tuna, or Filled Sandwich or Baguette Schools choice of one of the above   	Tomato Pasta or Jacket Potato with Cheese, Coleslaw, Beans or Tuna, or Filled Sandwich or Baguette Schools choice of one of the above   	Tomato Pasta or Jacket Potato with Cheese, Coleslaw, Beans or Tuna, or Filled Sandwich or Baguette Schools choice of one of the above   	Tomato Pasta or Jacket Potato with Cheese, Coleslaw, Beans or Tuna, or Filled Sandwich or Baguette Schools choice of one of the above   
DAILY 5 CHOICE SALAD BAR					
	Rice Salad, Carrot, Tomato, Cucumber, Lettuce	Coleslaw, Peppers, Tomato, Cucumber, Lettuce	Pasta Salad, Sweetcorn, Tomato, Cucumber, Lettuce	Potato Salad, Carrot, Tomato, Cucumber, Lettuce	Noodle Salad, Sweetcorn, Tomato, Cucumber, Lettuce
DESSERT	Organic Yoghurt & Fresh Fruit Slices or Chocolate Beet Brownie with Orange Slices	Organic Yoghurt & Fresh Fruit Slices or Peach & Ginger Pudding with Custard	Organic Yoghurt & Fresh Fruit Bowl or Sicilian Lemon Cookie with Fresh Fruit Slices	Organic Yoghurt & Fresh Fruit Salad or Jam & Coconut Sponge with Custard	Organic Yoghurt & Fresh Fruit Slices or Vanilla Ice Cream with Shortbread VE

COOL WATER, ORGANIC MILK & FRESHLY BAKED BREAD AVAILABLE DAILY

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 Vegetarian  Oily Fish  Wholegrain
  Fruity!  Nutritionist's Choice  **VE** Vegan