

ALLERGY AWARE

MEAT & VEGETARIAN

SPRING/SUMMER 2025

This menu is suitable for children with an allergy and/or intolerance within the 14 main EU allergens.

This menu contains **FISH, SOYA & SULPHITES**.

If a pupil has a food allergy or intolerance to **FISH, SOYA OR SULPHITES** they should be provided with the alternative meal or dessert choice for that day

All allergens warning are shown in **RED**

NOTE: All special diet recipes will be noted with 'SD' in front of the recipe. If 'SD' is stated, please ensure you are following the special diet recipe of the dish.

This menu contains standard and halal recipes (where applicable). If selector recipes have been used, please refer to the allergy aware selector menu to align to school's menu. If using a different meat that has not been featured on the allergy aware menus (applicable to those following FFL or Halal) please cross check the allergens to ensure no additional allergens are present.

SPRING/SUMMER 2025 MENU



ALLERGY AWARE MEAT & VEGETARIAN WEEK 1

STOP AND THINK!

Have you completed the double-checking confirmation sheet?

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT DISHES	MAIN DISH	SD Vegan Cheese & Tomato Pizza 93174975 NO GARLIC & HERB BREAD	SD Sticky Asian-Style Beef CONTAINS SULPHITES 93390213 / 93390214 (H) with Wholegrain Rice 93035026	Roast Chicken 93035093 / 93173148 (H) with Roast Potatoes 93035127 and Gravy 93034775	SD Incredible Burger 93170473 with Potato Wedges 93156646	SD Fish Fillet CONTAINS FISH 93166795 with Chips 93040525
	Vegetarian		SD Breakfast Sausages 93200114 with SD Mashed Potato CONTAINS GF OATS 93194973 and Gravy 93034775	SD Breakfast Sausages 93200114 with Roast Potatoes 93035127 and Gravy 93034775		SD Incredible Burger 93170473 with Potato Wedges 93156646
	JACKET POTATO	Jacket Potato with Baked Beans or Vegan Cheese 93034839 / 93227189 NO DAIRY-BASED CHEESE OR TUNA/SALMON MAYO				
	PASTA	SD Tomato Pasta CONTAINS SOYA 93171286				
	VEG	All main meals are served with two vegetables. NO COLESLAW, MIXED SALAD OR SALAD BAR				
	DESSERT	SD Shortbread 93221990	SD Brownie CONTAINS SULPHITES 93196787	Fruits of the Forest Jelly 93290904	SD Shortbread 93221990	SD Frozen Smoothie 93166797 / 93166798

**ONLY SERVE WHAT IS ON THIS MENU
SD – SPECIAL DIET RECIPE**

Available Daily: Cool Water, SD Coconut Yoghurt (93200113) and Fresh Fruit (93041624/ 93065473/ 93041625)

NO FRESHLY BAKED BREAD, STANDARD YOGHURT OR SALAD BAR

THIS MENU DOES CONTAIN FULLY REFINED SOYBEAN OIL

SPRING/SUMMER 2025 MENU



ALLERGY AWARE MEAT & VEGETARIAN WEEK 2

STOP AND THINK!
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		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT DISHES	MAIN DISH	Veggie Meatballs in Tomato Sauce 93283682 with SD Pasta CONTAINS SOYA 93163235	SD BBQ Chicken Pizza 93315910 / 93315911 (H) with Potato Wedges 93156646	Jerk Chicken 93146436 / 93146437 (H) with Roast Potatoes 93035127 and Gravy 93034775	Potato and Lentil Curry 93037147 with Wholegrain Rice 93035026	SD Fish Fillet CONTAINS FISH 93166795 with Chips 93040525
	Vegetarian		SD Meatless Feast Cheesy Pizza 93315912 with Potato Wedges 93156646	SD Sweet Potato and Chickpea Roast 93165175 with Roast Potatoes 93035127 and Gravy 93034775		SD Breakfast Sausages 93200114 with Chips 93040525
	JACKET POTATO	Jacket Potato with Baked Beans or Vegan Cheese 93034839 / 93227189 NO DAIRY-BASED CHEESE OR TUNA/SALMON MAYO				
	PASTA	SD Tomato Pasta CONTAINS SOYA 93171286				
	VEG	All main meals are served with two vegetables. NO COLESLAW, MIXED SALAD OR SALAD BAR				
	DESSERT	SD Flapjack CONTAINS GF OATS 93165520	SD Apple Crumble CONTAINS GF OATS 93219577 with SD Custard CONTAINS GF OATS 93166606	SD Shortbread 93221990	Fruits of the Forest Jelly 93290904	SD Frozen Smoothie 93166797 / 93166798

ONLY SERVE WHAT IS ON THIS MENU
SD – SPECIAL DIET RECIPE

Available Daily: Cool Water, SD Coconut Yoghurt (93200113) and Fresh Fruit (93041624/ 93065473/ 93041625)

NO FRESHLY BAKED BREAD, STANDARD YOGHURT OR SALAD BAR

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SPRING/SUMMER 2025 MENU



ALLERGY AWARE MEAT & VEGETARIAN WEEK 3

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		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT DISHES	MAIN DISH	SD West African Vegetable Rice 93219825	SD Chicken Sausage Hotdog CONTAINS SULPHITES 93388504 / 93388505 (H) with Potato Wedges 93156646	Spanish Chicken 93175046 / 93175369 (H) with Roast Potatoes 93035127 and Gravy 93034775	SD Tomato Pasta CONTAINS SOYA 93171286	SD Fish Fillet CONTAINS FISH 93166795 with Chips 93040525
	Vegetarian		SD Breakfast Sausage Hotdog 93241054 with Potato Wedges 93156646	SD Breakfast Sausages 93200114 with Roast Potatoes 93035127 and Gravy 93034775		SD Incredible Burger 93170473 with Chips 93040525
	JACKET POTATO	Jacket Potato with Baked Beans or Vegan Cheese 93034839 / 93227189 NO DAIRY-BASED CHEESE OR TUNA/SALMON MAYO				
	PASTA	SD Tomato Pasta CONTAINS SOYA 93171286				
	VEG	All main meals are served with two vegetables. NO COLESLAW, MIXED SALAD OR SALAD BAR				
	DESSERT	SD Apple and Blackberry Crumble CONTAINS GF OATS 93165203 with SD Custard CONTAINS GF OATS 93166606	Strawberry Jelly 93290175	SD Flapjack CONTAINS GF OATS 93165520	SD Shortbread 93221990	SD Frozen Smoothie 93166797 / 93166798

**ONLY SERVE WHAT IS ON THIS MENU
SD – SPECIAL DIET RECIPE**

Available Daily: Cool Water, SD Coconut Yoghurt (93200113) and Fresh Fruit (93041624/ 93065473/ 93041625)

NO FRESHLY BAKED BREAD, STANDARD YOGHURT OR SALAD BAR

THIS MENU DOES CONTAIN FULLY REFINED SOYBEAN OIL