

Take a trip to the centre to see what other services are available!

St John the Baptist Church, 353 Bromley Road, SE6 2RP

Open Monday – Friday 12-2pm

- Food Bank every **Wednesday** at, Opening times: **12 to 2pm**.
- Therapy 4 healing will be offering **free** head massages and an opportunity to sign up to free counselling over the next four weeks.
- **Free** Clothes for children and adults.
- Come and have a 20-minute talk with **Kunle our advice worker** about **housing, benefits, debt** etc. He will then arrange a longer advice session at his Deptford office for you to get further support.
- There will soon be a baby bank opening in the Lewisham centre and we have employment support and free access to computers in the Friday Catford centre.
- As Covid restrictions ease, we are hoping to have more of a drop-in cafe feel at the centres so that you can just come for a cup of tea and a chat.
- We also have a **small grant fund of up to £150** if people need support with an essential item such as a fridge, school uniform, bed etc.
- **Struggling to pay for your meter?** Come in and see if you are eligible for a **free top up**.